

1: During a morning rally on Sept. 9, Adrian Mercado, Haley Martin and Taylor Jimosse lead a flash mob. The rally started at 6 a.m. and was broadcast live on "Good Day Sacramento." "I would still have spirit if I wasn't a cheerleader. I like cheering more at football games and rallies. It's more exhilarating and an adrenaline rush. I lead people through chants, which is kind of weird because I've never thought of myself as a leader. I'm kind of shy, but cheerleading has brought up my confidence," Mercado said.

2: Participating in a lunch activity on Sept. 9, Kyle McCray spins on a bat as a chance to earn spirit points for the sophomore class. 3: Showing spirit during the morning rally, Hunter Lake sits on Alex Witt's shoulders. "I wore the gold suit because it looks cool. I got it from Goodwill for 20 bucks. When I saw it I was like 'Oh my God, that's awesome.' I only wore it to the morning rally and the game. I don't wear it anymore because I lost the hat and the glasses. It's just fun; it's something to do," Lake said.

4: During lunch on Oct. 14, junior powder puff cheerleaders do "the Bernie" in the amphitheater.

KVALI CHVIV



"It's fun to have a lot of school spirit. It catches people's attention and people will follow in suit when they see you dressed up and having fun. For the Quarry Bowl, I tried to get as spirited as I could and tried to lead the student section. I started the wave and I was holding my pee the entire game. In the last 10 seconds of the game I sprinted to the bathroom even though I'm not in shape for that."

COLTON COX



"I like showing spirit for the school because it's a great school and I'm a very charismatic person. I like getting people excited for school events. I wanted to be in leadership but I didn't have time in my schedule. Towards the end of games if we are winning I start break dancing and it starts the battle. It's a way to express myself when energy gets me going I've got to find a way to release it and break dancing is the best way to do it."

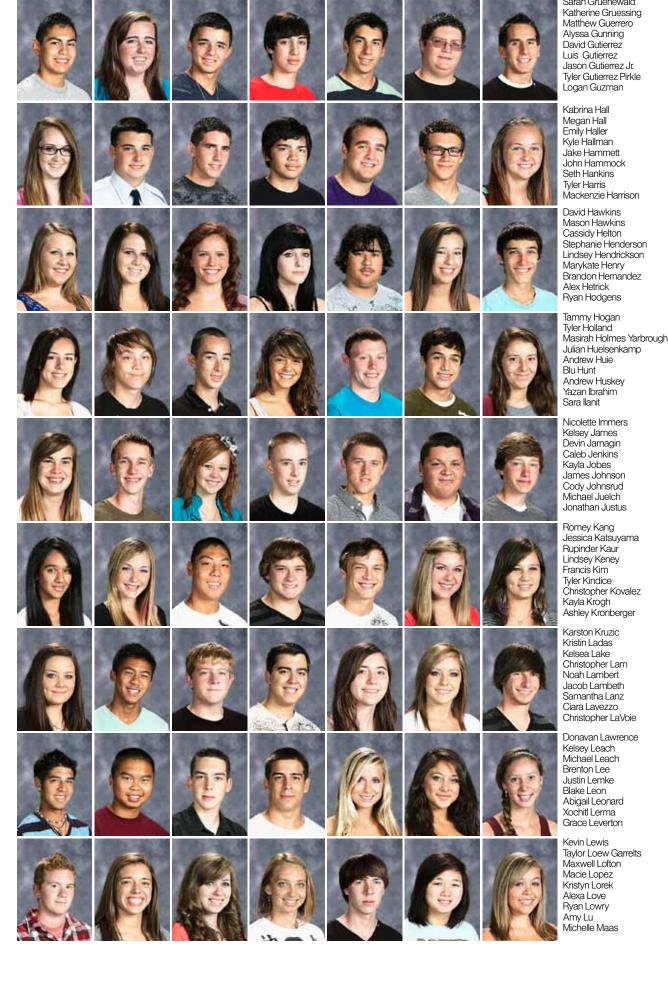
TEARYN CO



"I like to dress up and tell other people to dress up. If you don't support your team, how do you expect them to do well? It's important to show school spirit. If one person dresses up, then one more will at some point. It's like a chain reaction."

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Sarah Gruenewald
Katherine Gruessing
Matthew Guerrero
Alyssa Gunning
David Gutierrez
Luis Gutierrez
Jason Gutierrez Jr.
Tyler Gutierrez Pirkle
Logan Guzman

Kahrina Hall

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ELSE

I can be very caring

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REBECCA SAVA
I've played seven

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Mv weird lingo."

will travel the world and I'm not going to

HUNTER BLOFSKY

KATIE SOBECI

I'm not afraid of people udging me."

JESSIE NASELLO

"When I walk into an empty room I can project life-sized objects in the rooms

LINDSEY KENEY

Intolerance of reality shows."

ANTHANY HAAGI ANT

am on a nationallyinked competitive nooting team."

MACIE SVEUN

I love to be with ny family and I love country music."

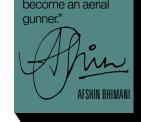
BRITTANY DIANDA

n a boss." KOLTON KRUZII

was born in west hiladelphia. Born and aised. Shooting some -ball outside my

JOE LARUSSA

I'm different because I don't know any other girl, especially Indian and Muslim, who wants to join the Air Force and become an aerial gunner."



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