



Brody Mansfield, 10

He won the football game / "Our victory against River Valley, we won 56-0 that is pretty impressive. I feel like a lot of the team just came together really well and some of the more inexperienced players like myself, we were out playing."

Playing in **Pink**

NEW SPORT NEW ME

Standing on the sidelines with her teammates during the senior night flag football game against Bella Vista High School is senior Emma Milne. Milne played linebacker throughout the season. She thought the coaches and the team made it fun. "Just the excitement that the team brought because I've never been on a team where we were that close and also just excited to be there," said Milne. "When you get other sports you get people who are forced to do it but since this is a new sport that people have never done, you actually get people that want to try out." Photo by Isabell Mendoza

SPIRITED SEASON

On Oct. 16, junior Faye Lopez cheers on teammate senior Emma Zumkeller from the sidelines during a flag football game. Lopez encouraged her teammates to lift their spirits and add a better attitude into their game that ended up with a win of 38-0. Photo by Madison Heard

CHEERFUL ABOUT CHALLENGES

Playing on defense, junior Ryan Nair pulls the opposing team's flag to stop the play. Nair enjoyed playing defense on the team, with her favorite moments being when she got interceptions. Photo by Isabell Mendoza

PRINCESS IN PINK

Posing for the camera is senior Cianna Vignola and her parents on senior night for varsity flag football. Photo by Madison Heard



WOLVES FOR THE **WIN**



SU-PAW-VISING

Assistant Principal Kaden Bahner greets Wolfy as they get ready to begin The Tournament of the Timberwolves. Mr. Bahner looked forward to finding more ways to be involved with students and school spirit. Mr. Bahner said, "Sometimes the interaction that we have with students here is great but we always look forward to ways that we can get out of our offices to get involved in or witness students in their own element and their own interests. That's really what it's about for me." Photo by Hermione Huang

PURPLE POWER HOUR

Posing for a picture are juniors Brody Krupp, Lucas Kraude, Jack Johnson, Edmund Hammick and Vanshdeep Bains. Photo by Hermione Huang

TUG OF THE YEAR

On Oct. 18, sophomores Daniel Morton, Memphis Cook, Dylan Gregg, Trace Reath and Carson Schilhabel celebrate after winning their tug-of-war battle against the upperclassmen. The group played in the middle of the quad against the other grades. Morton was especially proud of their victory. "It made us feel amazing to beat the upperclassmen that were messing with us thinking they're better," said Morton. Photo by Hermione Huang

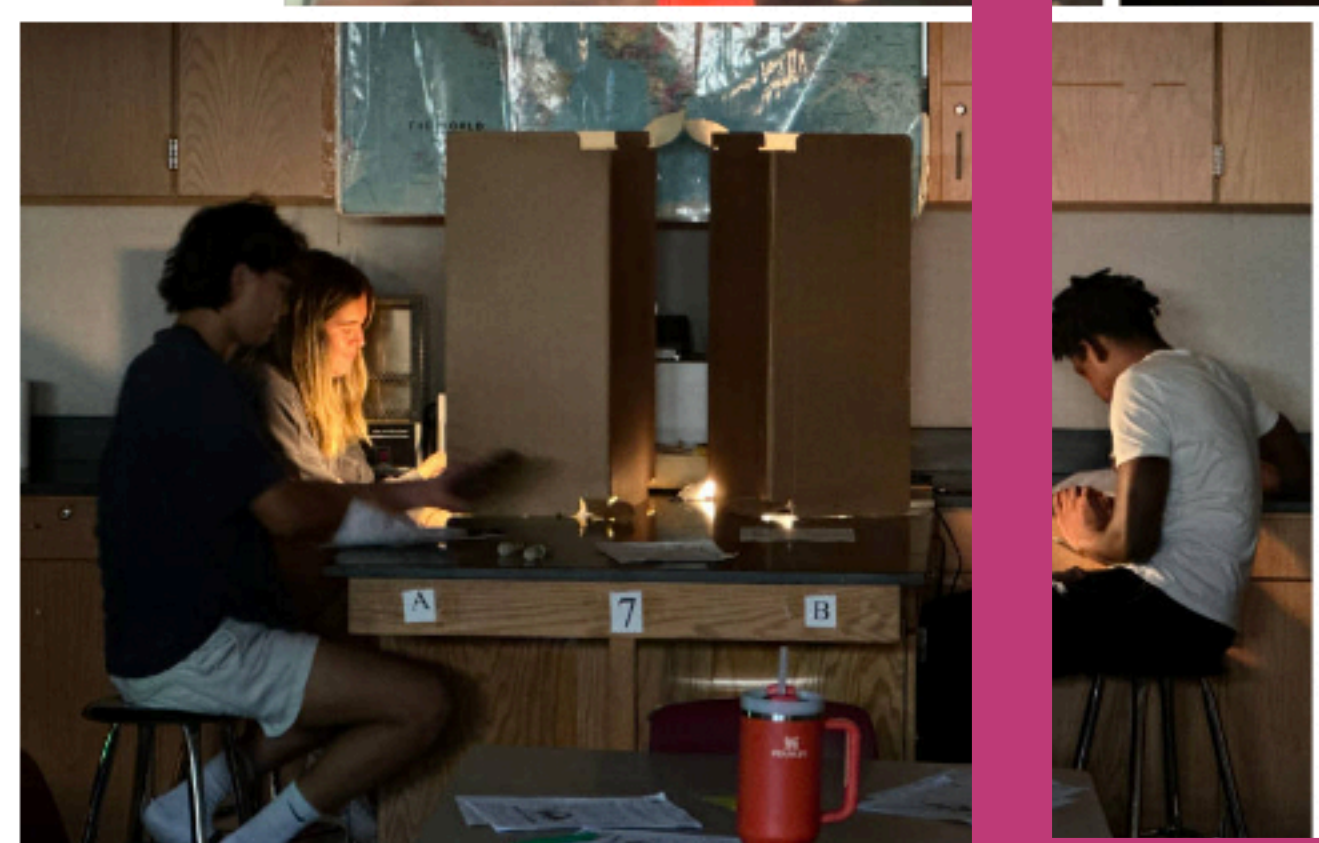
AN **ILLUMINATING** INVESTIGATION

WATT AN EXPERIENCE

Watts and color lights set the pace in a lighting-fueled race between leaves in water as the students of AP biology investigate which light would raise the leaf fastest. Through careful preparation to ensure each constant was the same, junior Mika James measured the distance between a light bulb and the vial of water containing the leaf for an effective experiment. While James and her team completed the experiment successfully, a small mishap left the group chuckling. "I had one other problem [during the lab]. When we were extracting the oxygen from the leaves, we used a baking solution in the syringe to pull on it. I accidentally pulled too hard it sprayed water all over our table," said James. Photo by Dhenys Malacas

ENGAGING EXPERIMENTS

Through observations, junior Zixuan "Domi" Tian and senior Aaron Tran document their data to calculate the rate of photosynthesis under different light conditions. To follow along with their lesson plan about photosynthesis, Tran enjoyed the hands-on work to understand the topic. "I think labs are more fun and engaging than just hearing a teacher talk the whole time. I like the hands-on experience rather than just the theory of biology and it prepares you for college where there's a lot of labs like in Cal Poly," said Tran. Photo by Dhenys Malacas



Curious AP biology students perform labs that feature lights and leaves in order to learn more about photosynthesis

PLANTING PREPARATIONS

On Oct. 19, watching each leaf in its vial for their experiment are juniors Samantha Maytanes, Anderson Nguyen and senior Chukwuagoziem "Franklin" Okey-Iwobi. The three students were observing the leaves to record the exact moment they rose to the top. Maytanes' favorite part of the experiment came from gathering and preparing all the necessary materials. "We used a hole punch [on the leaves] and we had to go outside to find leaves to cut. That was really fun because it took a second to gather it all and we'd like jump on the trees [to get the leaves] and such," said Maytanes. Photo by Dhenys Malacas



Trekking to the **Finish Line**

BEAUTY OF BIKING

At the first ride of the mountain biking season in Folsom, freshmen Elijah Pickens, Dominic Pesce and Derek Harrison get ready to begin on the starting line. Pickens believed that being surrounded by his teammates could have helped build him as a person. "[Being a part of mountain biking] put me into a better group of people so that will reflect on me and hopefully make me a better person," said Pickens. Photo by Evan Agnone



PETAL TO THE METAL

As a pre-season get together on the mountain biking team, the team decides to go and ride around for practice. Junior Samuel Riggs found

the speed and intensity of mountain biking exciting. He decided to join after tagging along with the team and his brother and enjoying it. "The team, my friends, are my favorite part and I just love the thrill [of] going fast," said Riggs. Photo by Evan Agnone

PEAK PERFORMANCE

Pictured is sophomore Joshua Tolentino Bautista soaring down the trails. Photo by Dhenys Malacas  
Out on a trail, riding alongside coach Dan Harrison on "Dirt Day", Oct. 21, is freshman Connor Craven. Craven's brother joined his sophomore year and Craven decided to join after him when hearing about how fun it was. Dirt Day is for new members and showing them the ropes. Craven said, "The night before the race we just have a lot of fun riding around and having a lot of fun before the races." Photo by Dhenys Malacas

Same week Three different events all in the span of one week  
**SEPARATE WAYS**



Oct. 17

Amber Fisher's ASL class create art as part of an activity to represent a signed word or concept

"We had to draw a sign representing what it was. So I drew the hands as the outside of the boat and a sail in the middle. It was a little difficult deciding what to [draw] because there is so many cool things that you can do and I just thought it would be a cool idea to do the boat." Photo by Isabell Mendoza

- Leena Well, 11



Oct. 19

The college and career fair is open for all students in the district to attend

"I was excited because I wanted to see the opportunities that were laid out in front of me. So, I was able to talk to some of the college recruiters and see how selective colleges were. I was happy that I got to go in and experience everything and it was definitely useful." Photo by Margarita de Vasconcellos

- Kaden Wallace, 11



Oct. 21

Speech and debate attends the Debate 3 tournament at Oak Ridge High School where they won 17 awards

"I got second at that tournament. It made me really happy because it's just really rewarding to win. And I ranked above some speeches that I thought were really good and I really enjoyed and admired."

Photo by Cooper Parker  
- Quinn Hennessy, 12