

NOT OVERTIL IT'S



GROWING IT TILL IT'S Before the start of the showcase, Mrs. McKeye Taylor takes a photo of Dance II Hip Hop. "My favorite part was when we got to sit back before the end of year it's over" because then our class is like a family," Addison Sanchez said. **CARING FOR CLASSES** Performing as Princess Fiona from Shrek, Katherine Scott sings, "I think this is how it's done. Come on! Specifically for the role, I have more nervousness in the beginning. I have to stand up and sing and to the crowd and that's when my confidence grows up," Scott said. **SUPER HEROES** As they're dressed by Mrs. Michele Jimenez, class says, "We had a lot more fun while performing, and so did all the audience. Emily the slacker that specific song we made it fun and enjoyable," Diana Nichols said. **ROCKIN' IT**: During the showcase, Austin Cooper and Alex Thompson performed their rock dance performance. "This was nervous at first but once we got into it everything that we had been working with Ms. Avery really helped us to just put down every bit of the characters and that really just developed them as we went on," Hunter Maitland said.

OGRE

Dance, music and theatre perform at VAPA Showcase, promote classes

As a way to feature the visual and performing arts programs, dance, music and theatre students prepared performances for the VAPA Showcase. The showcase worked as an opportunity for VAPA students to challenge and test their skills.

"It took us about maybe two weeks to learn our routine, and then we just cleaned it, during the week of the showcase," Zondie By said. "The hardest part was getting the skills down needed for the dance because since Dance II and III work together, we got to learn some advanced skills."

Musical performances featured band ensembles and a choral number, making for quick transitions with different parts of the gym spotlighted for each group.

"Throughout the performances I wasn't so much stressed about dancing or playing since I had been preparing for so long, but

transitioning in between my performances definitely stressed me out. Performing for such a large crowd that I could actually see the faces of was definitely something new for me and it took some adjusting," Angelica Dennis said. "The most memorable part for me specifically was when I was trying to run to make it to the band after my dance and accidentally ran directly into the spotlight."

The all-school event also served as a way for Theatre IV students to promote the spring musical, "Shrek." Katherine Scott, who played Fiona, sang as New Glasgow, who played Donkey, ran between performances executing his role as one of the MCs.

"I was so excited to host and run my first ever for the first time. I just helped it move forward and let the amazing performances have their time. It's a great thing to get experience under my belt for my future," Glasgow said.

TAKING CHARGE

Military Ball honors ROTC seniors Jan. 28



CERTIFY IT: After being awarded the Foundation award, Cayton Hines receives his certificate from Colonel Austin Wilson. "It makes me very proud to be the representative for this area, to be the center of young people that are in the program," Lieutenant Kevin Riley said. **LET IT GO, MOVE IT**: As a tradition for ROTC seniors, Honour Guard walks through the back of Salutes. "It brings us all together to help communicate," Riley said.

STAY REACT: Peeling a picture with his father, Rockwood High celebrates after being part of the Reg holding during the Military Ball. "It's just a big way to honor everyone to fight at our core. It's more of community than it is the show piece to our positions. It's more of us getting together and taking a fight right," Riley said.

as 2024 begins
what do you want
to see happen?
START

reading books I've bought that are still untouched
finishing my incomplete crochet projects
trying to sleep around 10 instead of 11 pm.
fixing old VWs/motorcycles
doing my English homework the day it's due
cleaning my room
exploring new hobbies like jewelry making



STOP

spending so much time on TikTok or Instagram
kids acting like teens (adults)
Buffy Cox on many steps
speaking with the wrong people
procrastinating on homework

lillian vo

START

dressing to the occasion
giving compliments
eating more chips
organizing my backpack
sleeping and working not aware
being in time



STOP
smiles, friendly looks, shiny jeans;
wearing head-up like forces
using
procrastinating, negativity

alex eldabaghah

START

learning a new language
practicing my instruments more
reading more of "Westworld"
learning how to illustrate a comic book
playing more games with my friends



STOP
making promises I can't keep
getting mad at myself when I don't get good grades
coming up with ideas to people
asking favors I cannot return
acting the fool better than anyone

declan kingery

HONORING THE LEGACY

Placer County MLK March of Johnson-Springview Park
Includes performances, contests, food trucks and vendors

SPARK YOUR TRAIL: At the annual Martin Luther King Jr. march

Jen. 15, Sonja Jenkins speaks about King's principle, "the more help bring the community together by showing that people from all walks of life can come together to celebrate equality and honor the principles he had taught us." Jenkins said, "The main goal of the march is to celebrate MLK and what he stood for, important to the African American community."

PROPLAGANDA WORKS: As they became more aware of the truth, Black Student Union Secretary Leah Williams and USF President Michael Woodward stop at school events. "The main goal of this event is to remember Martin Luther King Jr.'s legacy and his fight for equality. The event fosters understanding and solidarity and inspiring future generations," Williams said. "The march is a beautiful way to symbolize that unity promotes awareness about civil rights."

SHARING OUR SUPPORT: After winning a prize from a vendor's prize wheel, Mission March celebrates. "It's crucial for the bracket all three to either the MLK march because it shows our community that our program cares for what it beyond the court and what's right," Tent Daylight said. Event like this march are vital for our community, as they promote inclusion, dialogue, and reinforce understandings as we strive for equality." **TRUCE INFLUENCER RS**: During the march, organizations and community members honor Martin Luther King Jr. "The march brings multiple groups of people to share with those who are share experiences, ideas and our points of view," Scher said.

PHOTO BY JESSICA LEE

LOOKS A LITTLE FISHY

Marine biology class dissects fish to learn how the inside of an underwater animal compares to the inside of a human body

TRUCE & CARRIE SCHER: Jan. 16, Carrie

Bailey Scher pretzel marine biology class, Mrs. Tucker leads through a microscope in order to better view the fish's insides. Students try to deconstruct the heating of the mouth, nose, eyes, opercular. They end up having a better understanding on how fish breath and survive. "The hardest part of the fish was seeing the different parts of the fish like the gills, heart and lungs that you don't normally see," Bailey said. "It did not smell bad because we get to see what the fish had to eat up close instead of just seeing through pictures."

LIDIA RABALA

FINANCIAL AID FIASCO

"FAFSA" will affect seniors Is there might have to walk a little bit longer to hear back. A lot of times the course of action is to turn in by March 2, and if they turn it in by October, they might know by January or February how much money they're going to have to pay for college or how much they're going to be able to get in grants and aid for college. They might know that sooner, and that might help them decide what college they want to go to sooner. Now they're going to have to wait.

SENIOR COUNSELOR MRS. RAISIN LEROY

"The problem with the FAFSA setback is possibly having to make a college decision on where we want to go without even knowing how much financial aid we will get, which is obviously stressful and could mean we'll have to take out loans for school instead," rose. ||

A TINY START

Eight student-led stations:
1. Circle time
2. Arts and crafts
3. Math readiness
4. Science
5. Outdoor play
6. Group play
7. Snack time
8. Free play

SUMMER LEARN OUT: Reaching to a key fob started during third period Child Development 101, Pre-debt. Ms. Lopez asks to page 13, 12. "It's important to take notes before," she says. "The hand-on activities with the kids really help us in developing our teaching skills with the children," Marisol Lopez said.