

on the golf course

Photos by Avery Woodman

Take a tour of the Los Lagos golf course with junior Ella Chan

fairway

"There's a fairway, which is shorter grass. It's easier to hit there."



dugout

"Sand is called a dugout. Throughout the courses, there will be little pockets of sand."



green

"Where you putt, so it's the flattest [part of the] grass. It's easiest to roll a ball."



water

"The annoying parts are water, because you can get stuck there."



mind games

While golfing, keeping a strong mentality is crucial

Unlike a sport that competes as a team, golf had individually played events which required a unique mindset for the players.

As Olivia Wang (11) stepped up to swing, she focused on her technique and any outcomes.

"I think about how hard I should hit the ball. I also think about what would happen if I were to hit it wrong," Wang said. "Sometimes, if it's a hard shot to hit or I have to hit over a bunker, it's pretty stressful."

Meanwhile, while Sophia Willink (10) played golf, she tried to stay unconcerned about her performance, as to not

affect her mindset. This made her more determined to help the team by doing her best.

"You are a team, so don't disappoint them. Just get a good score and don't be overtime," Willink said. "At least try to tie with the girl you're playing."

Even though bad days affected freshman Janice Tang's attitude, she focused on her goals and pushed through the difficulties she faced.

"There were days where I just hit lots of bad balls, and I just had to go through with that," Tang said. "And it made me want to practice even more than my competitor."



all smiles Junior Olivia Wang takes a break, preparing for the next hole. She enjoyed how the sport allowed her to spend time with her friends. "I like how golf can be both a team and individual sport," Wang said. "It gives you a sense of independence, but [you also know] that you have people who rely on you."

Photo by Avery Woodman



hawk-eye With a watchful eye, Bella Castaneda (11) hopes to finish the hole after putting. She worked to improve her mindset after a swing regardless if she performed well or not. "Not letting your swings affect you [is the hardest part of golf]," Castaneda said. "A bad play affects you so you have to keep going." Photo by Avery Woodman



line it up Looking for a better view of the flag, Paige Danner (11) crouches down to position herself. During a match, Danner enjoyed how relaxed she could feel on the course because of the structure of the game. "I actually like [the environment] because you can be more personal with your partner," Danner said. "But it's still your own game. So if you mess up, then you're not really hurting the team."

Photo by Emilia Diamantidou



after the swing Looking after the ball, Ella Chan (11) follows through with her swing. Chan was introduced to golf by her family who encouraged her to play. "I've been playing with my dad since fifth grade," Chan said. "My dad and my brothers have played [together] since we were younger, so it's a family thing."

Photo by Emilia Diamantidou

Freshman Janice Tang finds pros and cons of the sport

pros

"The pros are that you meet new people, and it's really fun and peaceful."

cons

"The cons are that it's sometimes really frustrating. It takes a lot of your time if you want to become better."